

Every year, 1 in 5 cancer deaths are a direct consequence of malnutrition.

# TO NOURISH CANCER RECOVERIES, AND IT STARTS WITH YOU.

### **Treatment Day Meals**

Most hospitals provide no meals during outpatient treatment. Culinary Care fills this void. We deliver free, dietary-friendly, restaurant-prepared lunches to patients and caregivers.

#### 30,000+

meals delivered since our founding in 2013.

### **Holiday Meals**

We alleviate the financial stress of the holidays by providing free, chef-made, ready-to-heat holiday feasts on Thanksgiving and Christmas.

#### 2.000+

meals delivered since our founding in 2013.

### **Patient Navigator**

Our dedicated Care Coordinators check in with our families regularly, help order meals over the phone, and refer trusted third-party resources.

#### 100,000+

minutes of caring calls made since our founding in 2013.

"I get emotional when I think about it. That someone cares about someone fighting cancer, and they want to give you something you don't have to worry about begging for or using a food pantry or food stamps. This is just a blessing." - David, three-year meal recipient.







### THE CORPORATE COOK-OFF

### Cook

you and your colleagues get a private culinary experience with a local chef at their restaurant.

### Compete

companies across Chicago participate for their chance to take The Impact Cup back to their office.

### **Contribute**

contribute to our effort to nourish cancer recoveries and improve cancer outcomes.

### SAMPLE AGENDA

### ARRIVAL + WELCOME

3 - 3:30 PM

You and your colleagues will enjoy appetizers, beverages, and welcoming remarks from Culinary Care.

### CHEF DEMONSTRATION

3:30 - 4:00 PM

The chef will demonstrate how to prepare a specialty dish. Your team will work together to "Match The Chef," meaning they'll want to pay attention as they'll bring this same dish to life.

### **COOKING CHALLENGE**

4 - 5 PM

Your colleagues will split into two teams of 5 or one team of 10, depending on the restaurant setup. They'll be given ingredients and tools to "Match The Chef" on taste and presentation.

### **JUDGING & CLOSING REMARKS**

5 - 5:30 PM

Your team(s) will present their dishes to our esteemed panel of judges (the chef, a local foodie, and a culinary care team member). During this time, we will share more about how individuals can get involved with Culinary Care.











### PARTICIPATING RESTAURANTS

Restaurant partners change each year, but these were our 2023 hosts.









## OBÉLIX thattu MORDECAI



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